

# HEALTH & SAFETY CULTURE AT WORKPLACE & SAFETY TECHNOLOGY



CONTACT US ON:

T: +971 7 2042072 | Email: [training@maestrouae.net](mailto:training@maestrouae.net)

Website: [www.maestrouae.net](http://www.maestrouae.net)

## **TRAINING TITLE**

HEALTH & SAFETY CULTURE AT WORKPLACE & SAFETY TECHNOLOGY

## **VENUE**

Dubai, UAE

## **DURATION**

5 Days

## **DATES**

25 - 29 December 2022

## **PRICE**

US\$4,000 per attendee including training material/handouts, morning/afternoon coffee breaks and Lunch buffet.

## **TRAINING INTRODUCTION**

Employers are responsible for providing safe and healthy workplace conditions and have the right systems and methods for safe activities. Employees have a vital part to play in the equation. They need the right knowledge and the right attitude which demands proper training in the basics of health and safety as well as specific training for individual tasks. Good health and safety standards rely on employers and employees working together to reduce risks.

## **TRAINING OBJECTIVES**

**By the end of this course, the participants will be able to :**

- Examine & Discuss the foundation of Advanced Health & Safety
- Design & Produce a Health & Safety Policy
- Describe and define the Organisation of Health & safety in the Work Place
- Discuss how to promote a Positive Health & Safety Culture
- Demonstrate the completion of Risk Assessment
- Describe Monitoring, Review and Audit of Health & Safety
- Demonstrate how to complete an Accident Investigation
- Describe how to Record and report Workplace Incidents
- Demonstrate the correct procedures for manual Handling
- Examine and Discuss Work Equipment

## **TRAINING AUDIENCE**

This training is aimed at supervisors, owners of small businesses, team leaders and anyone else who has a responsibility for the health & safety of others in the workplace

## **TRAINING OUTLINE**

### **Foundations in Health & safety**

- Concept of Health & Safety
- Who is at risk?
- Incidence of illness & accidents
- Health & safety factors and how to use them
- Costs of poor health & safety

### **Accidents in the Workplace**

- Nature of accidents
- Near misses' & the accident triangle
- Reporting & investigating
- Key causes & prevention
- Health in the Workplace
- Nature of illness and disease
- Monitoring of health/illness
- Key causes & prevention

### **Supervising Health & Safety**

- The role of the supervisor
- Monitoring Health & Safety
- Organising for Health & Safety
- Motivating and encouraging improvements
- Promoting a positive Health & Safety Culture
- Training needs and techniques
- Working with employees
- Handling conflict
- Working with management
- Healthy Work Environment
- Facilities for a healthy working environment
- Electricity at work
- Selection of work equipment
- Fire safety
- First Aid provisions
- Occupational Health & Hygiene
- Design of work premises

- Toxicity and categories of health hazards
- Environmental and Occupational health monitoring
- Control measures
- Noise at Work
- Radiation control
- Stress
- Occupational health initiatives
- Safe Systems - Development and implementation
- The importance of human factors
- Manual Handling
- Work Equipment
- Hazardous Substances
- The identification and control of repetitive strain injuries
- Emergency procedures

### **OHSAS 18001**

- Health & Safety Organisation and Management
- Introduction to management
- Principles of Control
- Risk Assessment
- Auditing and monitoring.
- Investigating incidents
- Keeping records

### **Techniques of Safety Management**

- Health & Safety Policies implementation and review
- Techniques and functions of risk assessments
- Incident & Accident procedures and investigations
- Quality management and documentation
- Education and Training – Development and benefits of effective training programmes
- Emergency Preparedness & response

### **TRAINING CERTIFICATE**

**MAESTRO CONSULTANTS** Certificate of Completion for delegates who attend and complete the training course

### **METHODOLOGY**

Our courses are highly interactive, typically taking a case study approach that we have found to be an effective method of fostering discussions and transferring

knowledge. Participants will learn by active participation during the program through the use of individual exercises, questionnaires, team exercises, training videos and discussions of “real life” issues in their organizations. The material has been designed to enable delegates to apply all of the material with immediate effect back in the workplace.